

## **Prayer for Personal Cleansing - Steps -**

1. Identify the attitude, intention, thought, memory, word, action, deed, fantasy and/or associated pleasure/pain as a sin.
2. Forgive every person who has ever been to you a cause of offense, hurt, abuse, rejection, mocking, etc.
3. Repent of the sin and confess it to God, receiving your forgiveness based on 1 John 1:9.
4. Declare that you are covered by the Blood of Jesus.
5. Invite the Spirit of God to fall afresh upon you.
6. Renounce satan and every demon, devil, and evil spirit behind this sin.
7. Take away the legal right of satan, every demon, devil, and evil spirit to operate in or on you, your body, or your life because of this sin.
8. Break every ungodly heart-tie, soul-tie, mind-tie, brain-tie, memory-tie, body-tie, and tongue-tie to this sin and to every person and spiritual being connected to or behind this sin.
9. Break every curse, every covenant, every contract, every vow, every hold, every hook, every connection to evil resulting from this sin.
10. Bind the demons and devils behind the sin and cast them out of you, your body, your home, and your life.
11. Flood the evil spirits behind this sin and wash them out of your body with Rivers of Living Water flowing out of your innermost being. Bind them and command them to leave.
12. Pray that Rivers of Living Water flood your heart, soul, mind, brain and memory; eyes, ears, nose, mouth, five senses, vocal chords, hands, feet, every organ, every cell, every fiber of your being, and all the empty spaces in your body and head; and, just as in the day of Noah when water washed the evil out of the earth, just so the Rivers of Living Water now wash out all evil, all damages, and all effects connected to or caused by the sin.
13. Pray that the Blood of Jesus floods your heart, soul, mind, brain and memory and every part which has been washed by the Rivers of Living Water, to heal and restore any and all parts which have been damaged, affected or influenced by the sin, whether spiritually, emotionally, mentally, or physically.
14. Pray that the Holy Spirit will flood your heart, soul, mind, brain and memory and every part which has been healed by the blood of Jesus, to replace and take over all parts which had been occupied or affected by demons, devils, or evil spirits or the effects of sins.
15. Invite the Spirit of God to fall fresh on you and re-establish the Kingdom of God.

## **Prayer for Personal Cleansing - Sample -**

**Note:** NOJ stands for Name of Jesus.

### **On a regular basis, perhaps weekly or monthly, use the following prayer for in-depth cleansing:**

Identify the attitude, intention, desire, thought, memory, word, action, deed, fantasy and/or associated pleasure/pain as a sin (for example: sexual fantasy).

In the NOJ, I forgive every person who I believe has ever offended me in any way, shape or form, including accidentally or deliberately by omission or commission.

In the NOJ, I repent of the sin of sexual fantasy and I turn my back on this sin. In the NOJ, based on 1 John 1:9, I receive forgiveness for this sin and I ask my God to help me never to do this sin again. In the NOJ, I cover myself with the Blood of Jesus Christ and I invite the Spirit of God to fall afresh upon me.

In the NOJ, I renounce satan and every demon, devil and every evil spirit behind this sin, and I take away the legal right of satan, every demon, devil and every evil spirit to operate in or on me, my body, or my life, or to influence me in any way because of this sin. In the NOJ, I break every ungodly heart-tie, soul-tie, mind-tie, brain-tie, memory-tie, body-tie, and tongue-tie to this sin and to every person, spiritual being, object, or place connected to or behind this sin.

In the NOJ, I break every curse, every covenant, every contract, every vow, every hold, every hook, and every connection to evil resulting from this sin.

In the NOJ, I bind the demons and devils behind this sin and cast them out of me, my body, my home and my life.

In the NOJ, I bind the evil spirits behind this sin and I command them to leave.

In the NOJ, I flood the evil spirits behind this sin with Rivers of Living Water, flowing out of my innermost being; and, just as in the days of Noah when water washed the evil out of the earth, just so the Rivers of Living Water wash the evil spirits out of my body.

In the NOJ, I pray that Rivers of Living Water flood my heart, soul, mind, brain and memory; eyes, ears, nose, mouth, five senses, vocal chords, hands, feet, every organ, every cell, every fiber of my being, and all the empty spaces in my body and head and wash out all evil, all damages, and all effects connected to or caused by this sin.

In the NOJ, I pray that the Blood of Jesus floods my heart, soul, mind, brain, memory and every part which has been washed by the Rivers of Living Water, to heal and restore any and all parts which have been damaged, affected or influenced by this sin, whether spiritually, emotionally, mentally, or physically.

In the NOJ, I pray that the Holy Spirit now floods my heart, soul, mind, brain, memory, and every part which has been healed by the Blood of Jesus, to replace all demons, devils and evil spirits and take over all parts which had been occupied or affected by demons, devils or evil spirits, or the effects of this sin.

In the NOJ, I invite the Spirit of the living God to fall fresh upon me. In the NOJ I establish the Kingdom of God in this place and around me.

**On a daily basis, as you confess your sins, use a shortened version of the Prayer for Personal Cleansing:**

(Confess specific sin) In the Name of Jesus, I repent of this sin and renounce every demon and evil spirit behind this sin and break their hold on my life. In the Name of Jesus, I ask You Holy Spirit to come and rest on me and remain. In the Name of Jesus, I cast out every demon, devil, and evil spirit around me and establish the kingdom of God around me. In the Name of Jesus, I flood myself with Rivers of Living Water, washing out every demon, devil, and evil spirit behind this sin just as in the days of Noah. In the Name of Jesus, I flood myself with the Blood of Jesus, healing and restoring every part damaged by sin, or demons, devils, and evil spirits. In the Name of Jesus, I flood myself with the Spirit of God to replace all demons, devils, and evil spirits and to take over all parts occupied or affected by demons, devils, and evil spirits. In the NOJ, I invite the Spirit of the living God to fall fresh upon me. In the NOJ I establish the Kingdom of God in this place and around me.

## **Establishing the Kingdom of God (Advanced)**

1. Pray until you are covered with the anointing.
2. Ask the Holy Spirit if you should establish His Kingdom in the room.
3. Bind and cast all demons out of the room. Wash all evil spirits out of the room.
4. Break the assignments of hell against the meeting and those in it.
5. Establish a hedge of protection around the room and bar all interference and distractions.
6. Bind all demons, which are in the body of any person in the room, and command them not to manifest (i.e., influence any person) during the meeting.
7. Pray in the Name of Jesus that Rivers of Living Water flow out of your innermost being and flood every evil spirit in each person to push them down and shut them up so that they may not influence any one.
8. Forgive the sins of each believer in the room.
9. Pray that the Spirit of God will fall afresh upon each believer in the room.
10. Take authority over every thing in the room and establish the Kingdom of God in the room (or around the person for whom you are praying).
11. Pray that the Father's will be done in His Kingdom in this room.
12. Pray that the Holy Spirit, Rivers of Living Water, will flow out of you and flood the room and the people with the glory/anointing of God.
13. Release the anointing from within you and continue to do so until the Holy Spirit tells you to stop.

### **Sample Prayer Below**

Heavenly Father, I pray in the Name of Jesus and in the authority of that Name.

In the Name of Jesus, I bind satan and all his minions from coming against this meeting and from attacking, influencing, or interfering with any person in this room. In the Name of Jesus, I bind all demons that are in a body in this room and command them to shut up, be still, and not to influence anyone in the room for the duration of this meeting (or for a season). In the Name of Jesus, I pray that Rivers of Living Water flow out of me and flood every evil spirit in any person and push them down into hiding and silence them so they may not speak or influence or affect anyone for the duration of this meeting. In the Name of Jesus, I bind all demons that are on a body or in the room and cast them out of this country into a dry place in a far away country. In the Name of Jesus, I establish a hedge of protection around this room and around every person in the room. In the Name of Jesus, I forgive each person in the room of all their sins and cover each with the blood of Jesus. In the Name of Jesus, I establish the Kingdom of God in this room and pray that the will of Our Heavenly Father be done now in this room. In the Name of Jesus, I invite the Holy Spirit to fall afresh upon each person and to flood himr with the anointing of God. I pray in Jesus' Name that the anointing of God floods this room right now. In the Name of Jesus, I pray that the anointing which is in me will flow out of me and flood the room with the glory of God. In the Name of Jesus, I speak healing anointing and the peace of God upon each person in the room. In Jesus' name, Amen.

### **Summary Steps**

- 1) Cleanse    a) Room by casting out    b) Forgive    c) Bind demons/spirits
- 2) Establish    a) Hedge of protection    b) God's will    c) Kingdom of God
- 3) Release    a) Rivers of Living Water (Anointing)

## Preparation for Class Cleansing

### A. Overview

#### 1. What is Cleansing?

- a) Cleansing is a spiritual process of moving you closer to God. It involves the removal of hindrances between you and God. Typically, these hindrances involve demonic challenges.
- b) Demons, devils, and evil spirits may attack you with fiery darts to the mind or lies to the body about challenges e.g. pain, stiffness.
- c) Other names for cleansing, especially when the demons are in/on the body, are deliverance and exorcism.

#### 2. Types of Cleansing.

Here at ABC, there are four types of Cleansing approaches.

- a) Class – All students in the entire class cleanse himself/herself individually.
- b) Line – All students come up to a prayer line for one-on-one cleansing prayers.
- c) Group – One subject is cleansed by a group of ministers.
- d) Individual – This is like the class cleansing but the person cleanses at home alone.

#### 3. Do you need Cleansing?

- a) All have sinned; all have bad habits. Rom 3:23
  - Behind all sins and bad habits are temptations.
  - These fiery darts are the voices of demons, devils, and evil spirits. Eph 6:16
- b) Whether they are around you, on, or in you, they must be cast out. Mark 16:17
  - Casting out demons is the first sign which follows believers.
  - A Christian cannot be possessed but s/he can have demons in his body.

### B. The Process of Cleansing

#### 1. What to do before Class Cleansing.

- a) Confess your sins.
- b) Break curses for known sins.
- c) Cleanse the building.
- d) Establish the Kingdom of God (KOG).

#### 2. How to do Class Cleansing.

- a) The steps.
  - RRB and cleanse the building by casting demons out of it.
  - Establish the KOG.
  - Cast demons out of your body by telling them in the Name of Jesus to leave your body and go.
  - Keep commanding them to go until they do.
  - Periodically, during cleansing, confess your sins.
- b) The attitude
  - Do not be afraid that the demons will leave one person and jump onto you.
  - Know that demons cannot come to you unless you allow it because the curse causeless cannot come to rest. Pro 26:2
  - Focus on holiness by confessing your sins; avoid sins, especially those associated with the demons which are being cast out.
  - Know that any demons, which you cast out, have been previously commanded by the class leader at the onset of the class to leave the house or city or, typically, the state immediately.

3. What to do during Class Cleansing.
  - a) When the class leader directs, RRB any known sins and bad habits.
    - Establish the KOG and cast out the demons behind the sins.
    - It is generally more productive to focus on the demons behind one type of sin at a time; or at least those behind a small number of sins.
    - Ask the Holy Spirit to help you select which sins to work on.
  - b) When the leader specifies a certain sin for the entire class, you RRB that specific sin even if you are unaware of that sin in your life.
  - c) Once you start commanding the demons to go, continue until they do go. e.g., you keep declaring, “In the Name of Jesus, fear go.”
  - d) They may leave with a cough, tear, sob, yawn, belch, cry, yell, roar, etc. It may be very personalized to the individual.
  - e) You may feel like vomiting but don’t hold back. It may even feel like vomit is coming out, but let it. Nothing will actually come out; at least, nothing in the natural. It is just another deception of the enemy to get you to hold back.
  - f) Every holding back on a body reaction will give the demons permission to stay. Other areas in which you may feel like holding back include stifling a big wide open mouth yawn, or trying not to cough, cry or scream.

### C. After Cleansing

1. Stay in holiness.
  - a) The lifestyle, which you have been living over the last year while at Healing School, has already prepared you for cleansing.
  - b) You have been making lists of sins and breaking curses since early in Semester 2. This removed the legal rights of the demons in your life and prepared them for eviction. Keep them out by not re-committing those sins. If you sin one of those, confess it ASAP.
  - c) Demons will try to return and bring their buddies with them. You keep them out by confessing your sins on a regular basis, then RRB and cast out the ones who have been attacking with ungodly or sinful thoughts.
  - d) Stay in joy, peace and patience.
  - e) Be a loving, forgiving person. In the NOJ, forgive every offender from your heart.
2. Cast out demons.
  - a) On a regular basis, do an individual cleansing on yourself at home.
  - b) Throughout the day, after confessing your sins, command the demons behind the sins to go (i.e., after you RRB, then you cast out).
3. Cleanse your home.
  - a) Cleanse your home and office by casting demons out of them.
  - b) Cleanse your home and property by anointing them with oil.
  - c) Cleanse your home and personal possessions by removing material which is sinful, or which causes you to sin or to think sinful thoughts or have sinful memories.